

Trustbuilding best practices

The key to an effective trustbuilding program is

- ▶ **convening a *diverse cohort*** from different sectors & **creating a “container”** where participants can have a shared experience. They learn about themselves & others & strengthen inner resources;
- ▶ **explore the power of history & paths to healing;**
- ▶ practice engaging in honest & uncomfortable **dialogue**; and build strategies to take into the community so they become a *network of trust* working for social cohesion & equity.

TBP Conceptual Frame

